WELLNESS RETREAT AT

LILY OF THE VALLEY

with *LITTLE BLUE DOOR*

ST. TROPEZ
22-26TH APRIL 2027

LILY OF THE VALLEY

YOUR 5-DAY WELLNESS ESCAPE IN ST. TROPEZ

5* Luxury Hotel
4x nights, 22-26th April 2027

Wellness and luxury: that's how Lily of the Valley describes itself. Open all year round, the hotel offers its guests an elegant and caring setting.
Located just a few kilometres from Saint-Tropez, the hotel designed by Philippe Starck overlooks the Mediterranean Sea. Nestled in the protected Cap Lardier estate, it is in harmony with nature.

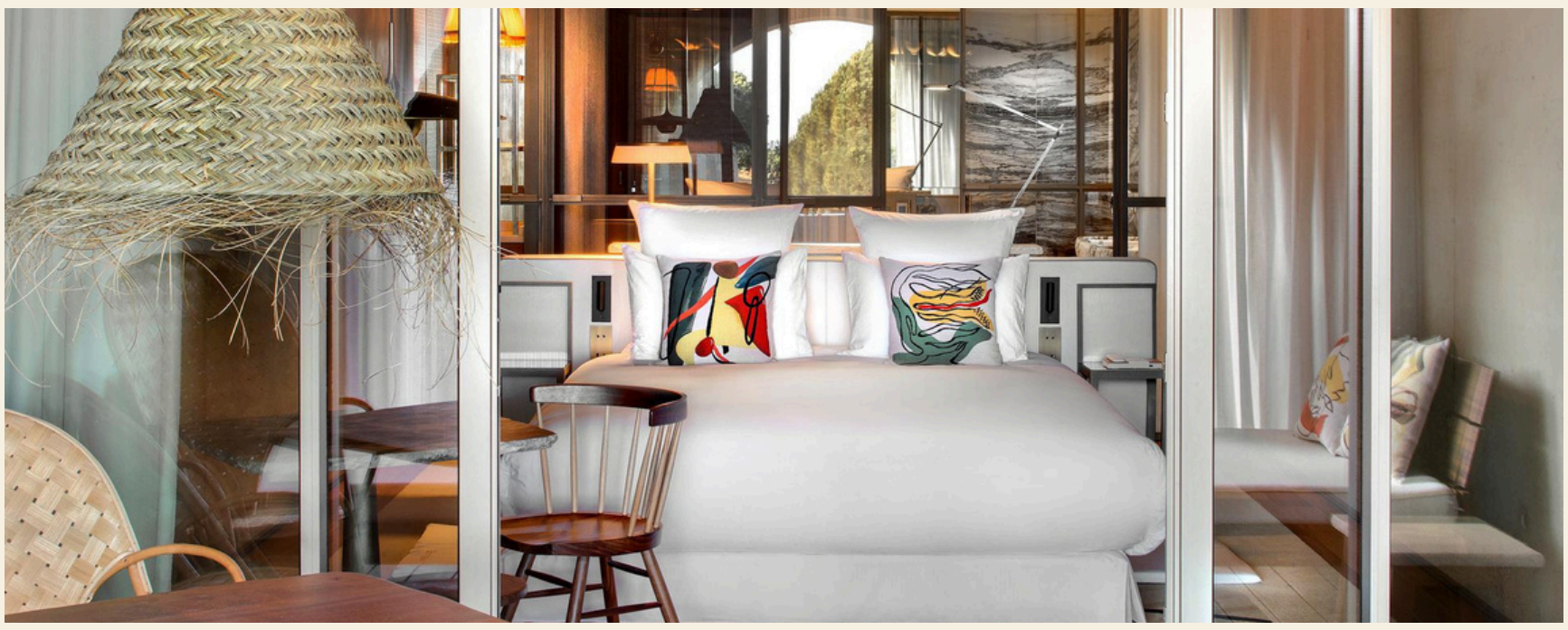


ACCOMMODATION

Rooms offer an elegant atmosphere imbued with Mediterranean charm of 35sqm. They have a marble bathroom with bathtub and walk-in shower.
Each of them extends pleasantly on a terrace of 15sqm, offering different views.

Classic Room
View onto the Hills

Superior Room
Limited View



TRIP OVERVIEW

4 NIGHTS IN ST. TROPEZ

Welcome to the Retreat
Arrive at Lily of the Valley and settle into your surroundings. Ease into the experience with a guided yoga session, followed by a welcome dinner and time to unwind with a personalised spa treatment.

Yoga & Pilates
Find your rhythm with guided yoga and Pilates sessions throughout the retreat. Enjoy group coaching designed to encourage movement, improve flexibility, and bring a little balance to your days.

Wellness by the Sea
Experience the Mediterranean through guided sea-wading sessions, combining gentle movement and the natural surroundings for a refreshing approach to wellbeing.

Explore the Outdoors
Discover the beautiful landscapes surrounding Lily of the Valley with a guided trek. Enjoy the fresh air, scenic views, and a chance to reconnect with nature

Spa & Relaxation
Make time for yourself with personalised spa treatments throughout your stay. Enjoy moments of relaxation between activities and discover the hotel's approach to wellness and wellbeing.

Masterclass & Discovery
Take part in a special wellness masterclass, offering an opportunity to discover new approaches to health, movement, and everyday wellbeing.

A Taste of Saint-Tropez
Enjoy some time at leisure in Saint-Tropez, from exploring its charming streets to enjoying a leisurely lunch by the coast.

Dining & Togetherness
Gather around the table for healthy lunches, relaxed dinners, and a special farewell meal. Enjoy thoughtfully prepared dining experiences throughout your stay.

PRICE OVERVIEW

TOTAL COST PER PERSON:

Total cost Per Person:
€4,788 (based on ***solo*** room)
€3,288 (based on ***shared*** room)

Dates: 22-26th April 2027

Included:

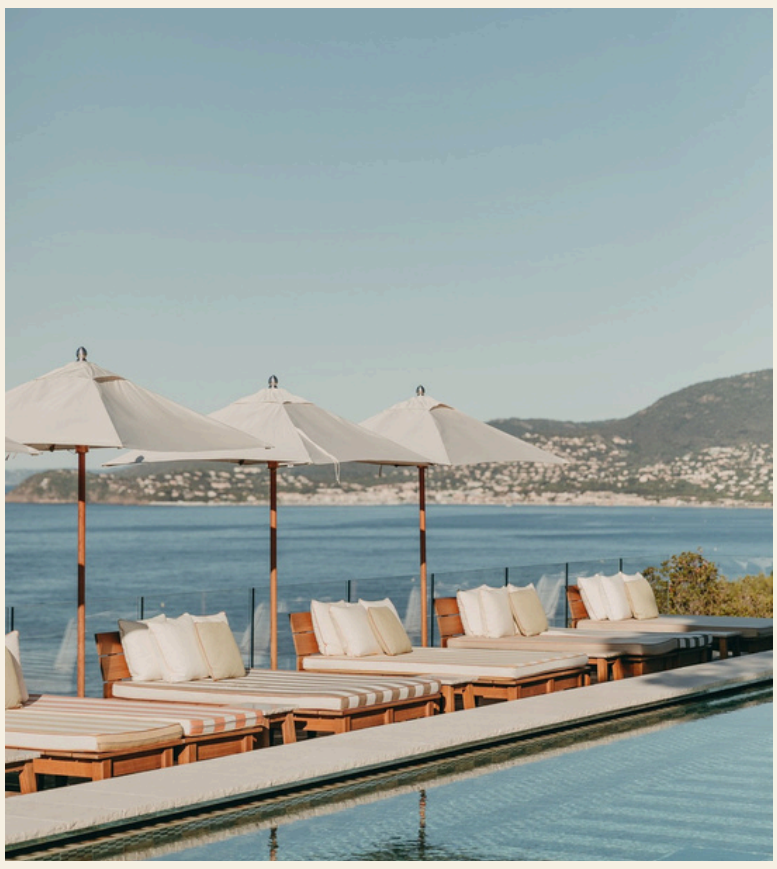
Dining Experiences
3 Healthy Lunches
4 Dinners

Wellness & Movement
4 Guided Power Yoga or Mat Pilates Sessions
Sea Wading Experience
Guided Nature Walk

Spa & Relaxation
One 60-Minute Massage per Guest

Not Included:
Flights
Transfers to & from the airport
Additional alcohol & optional activities

If you'd like to share a room with a friend, please send us a message with your names, requesting to be accommodated together!





















WE LOOK FORWARD TO EXECUTING YOUR DREAM WELLNESS RETREAT IN **ST. TROPEZ**

BESPOKE BOOKINGS

CUSTOM ITINERARIES

EXCLUSIVE BENEFITS

INSIDER KNOWLEDGE

PERSONALIZED CONCIERGE SERVICES

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