FEELING LA DOLCE VITA

YOUR WELLNESS GETAWAY TO

VILLA COZZANO

12th - 16th May 2025



EXCLUSIVELY HOSTED BY

CLOUD NINE COLLECTIVE

THE RETREAT



We are so excited to host Cloud Nine's third annual retreat at Villa Cozzano in Tuscany

Between Montepulciano and Lake Trasimeno, this cosy villa is all about peace, chill vibes, organic wines and food, stunning views, and unforgettable memories. Get ready for a week of wellness and girly fun on Cloud Nine!



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ITINERARY

Mon	Arrival Getting to know Villa Cozzano **8 PM** Welcome Dinner
Tues	**8:30 AM** Cloud Nine Pilates Sculpt **10 AM** Breakfast **11 AM** Get to know each other **1 PM** Cooking class & group lunch **3 PM** Free time: pool, rest, e-bikes to discover Montepulciano **6 PM** Meditation & self-exploration workshop **8 PM** Group dinner
Wed	**8:30 AM** Cloud Nine Pilates Abs x Arms **10 AM** Breakfast **11 AM** Group wellness girly chat **2 PM** Group lunch **3 PM** Free time: pool, rest, massage (optional) **4 PM** Horseback riding (optional) **6 PM** Meditation & self-exploration workshop **8 PM** Group dinner **9 PM** Outdoor cinema night

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ITINERARY



8:30 AM Cloud Nine Sweat **10 AM** Breakfast **11 AM** Group wellness girly chat **2 PM** Picnic & meditation in the Garden **4 PM** Free time: pool, rest, massage (optional) **8 PM** Group dinner	Thu
Fri	**8:30 AM** Cloud Nine Pilates Sweat x Pilates **10 AM** Breakfast **11 AM** Meditation & self-exploration workshop Departure

Itinerary timings are subject to change

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WHAT'S INCLUDED

IN YOUR STAY

All Breakfasts, Lunches & Dinners at the Villa
- Indulge in homemade, traditional Tuscan dishes prepared just for you at Villa Cozzano.

Outdoor Cinema Night
- Cosy up under the stars for a magical movie night at Villa Cozzano watching a classic girly film

Cooking Class
- Get your hands in the dough and learn to cook delicious Tuscan dishes with fresh, local & organic ingredients.

Picnic Lunch in the Garden
- Relax in the lush garden, surrounded by nature, while enjoying a delightful picnic with fresh, seasonal treats.

Pilates by Juju
- Energise your body with Cloud Nine's Pilates classes.

Meditation & Self-Exploration Workshop by Portia
- Let go of stress and get back in touch with yourself with Portia's meditation sessions, designed to help you reflect and restore.

Wellness Girly Chats
- Join our group wellness chats on self-care, body positivity, mental health, relationships, and personal growth

Staff & Housekeeping
- Enjoy the comfort of Villa Cozzano with dedicated staff taking care of every detail, so you can relax and savour your Tuscan escape

ROOMS

The Villa has 10 rooms with 6 suites & 4 standard rooms

6 rooms have one double bed

4 rooms have a choice of single or twin bed

OPTION 1

Shared room

£2,918

OPTION 2

Solo occupancy

£3,489

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see you in Italy angel, ciao!













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YOUR DREAM TRIP TO **VILLA COZZANO** WITH

CLOUD NINE COLLECTIVE x

BESPOKE BOOKINGS

CUSTOM ITINERARIES

EXCLUSIVE BENEFITS

INSIDER KNOWLEDGE

PERSONALIZED CONCIERGE SERVICES

INFO@LITTLEBLUEDOOR.IO